

A faint, light-colored illustration of an apple with a stem and two leaves is positioned on the left side of the page, partially overlapping the green header bar.

Vermont 2006 School Health Profiles Report

Table of Contents

Introduction	3
Health Education	4
Health Services	8
HIV Prevention	9
Nutrition	11
Physical Activity	13
Physical Education	14
Safety and Violence Prevention	17
Tobacco	18

Introduction

The Vermont Department of Education supports the academic success and well-being of all school-aged children. While a basic tenet of the *No Child Left Behind Act* is to ensure that all children have equal opportunities for academic achievement, this cannot occur in the absence of good health. We remain steadfast in our belief that learning is linked with the health of the school community, including that of students, faculty and parents.

The Vermont Department of Education is committed to improving student health outcomes and health behaviors through comprehensive, skill-based health education programs; the establishment of school health teams in every school; physical activity and physical education programs to support cardiovascular fitness; accessible and nutritious food; substance abuse prevention and intervention programs; mental health programs that build upon a student's strengths; healthcare coverage; family involvement and creation of environments safe from hazards and harassment. Specific to health education, one of the department's priorities is to train school faculty and administrators how to adopt a standards-based health education curriculum, prepare assessments that will accurately evaluate students' knowledge and skills and provide information which supports program improvement.

School Health Profile

The Vermont Department of Education employs the School Health Profiles, a data collection instrument developed by the Centers for Disease Control and Prevention, to obtain school-based information about current health policies and health education programs. This instrument, designed for use in secondary schools containing any grades from six through twelve, asks questions of school administrators and school health educators. The DOE collected data in 2002 and again in 2006. The charts on the following pages provide a comparison of the 2002 and 2006 data sets.

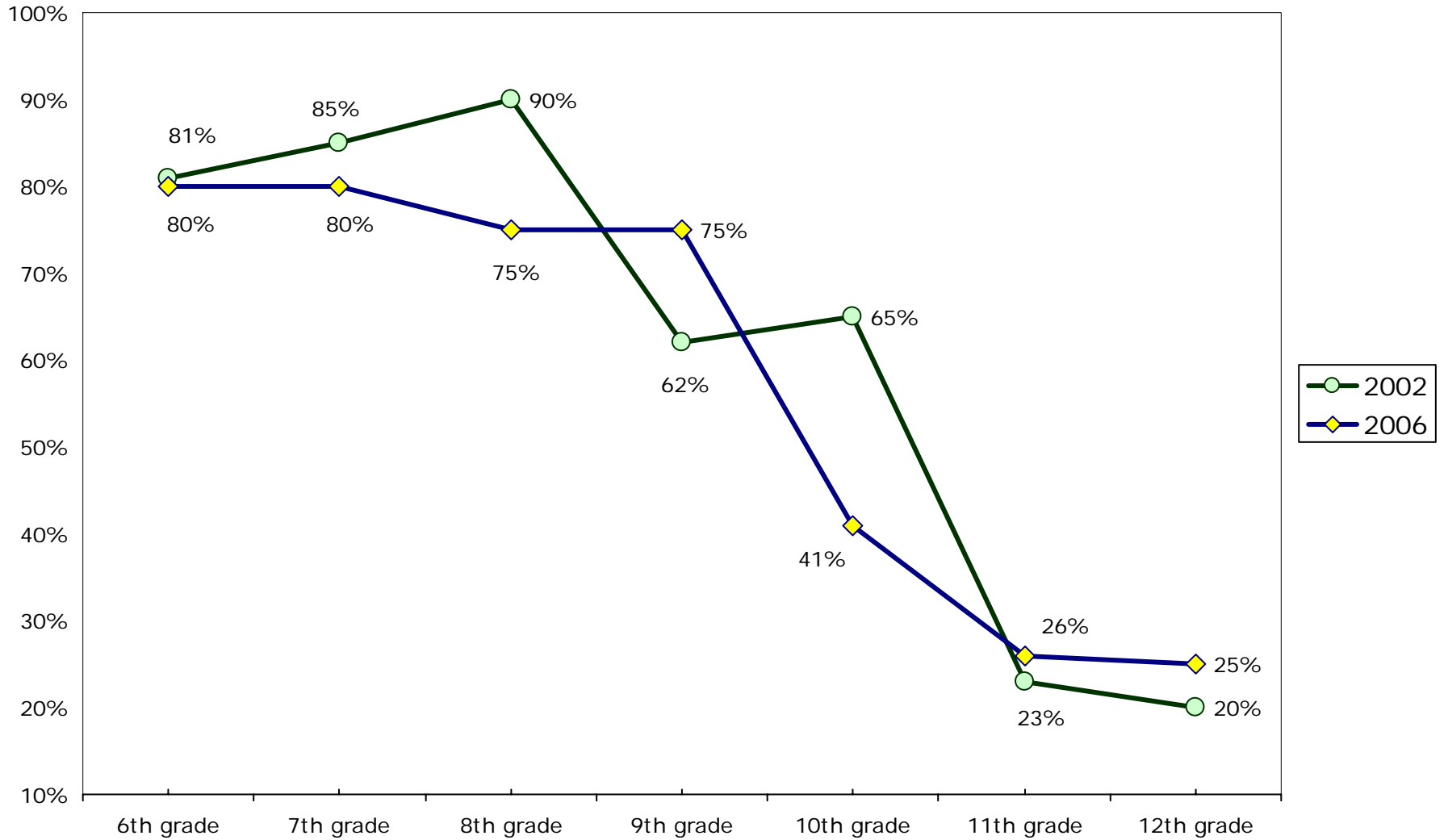
How these charts can be used

Administrators, school board members, school health coordinators, school nurses, health educators, physical educators and parents can use this information to compare their school's health policies, practices, health education and physical activity programs with the rest of the state, guide local action planning and to advocate for specific school health improvements. Policy-makers and governmental employees can make use of this information to develop and improve upon Vermont's school health and health education programs and policies.

Health Education

Schools require a health education course in the following grades

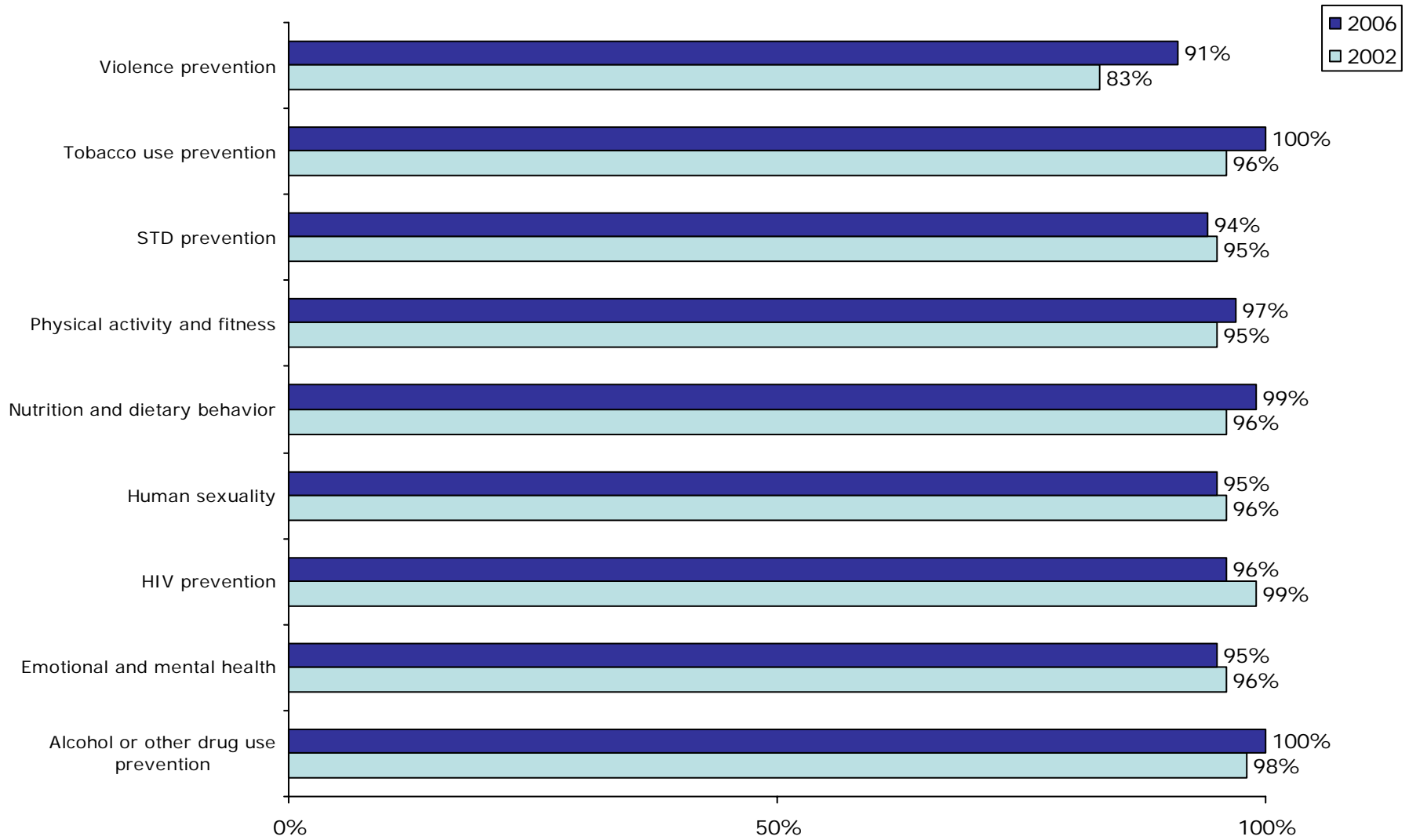
(Source: 2002, 2006 School Health Profiles)



Health Education

Health Education Topics Taught in Required Health Education Courses

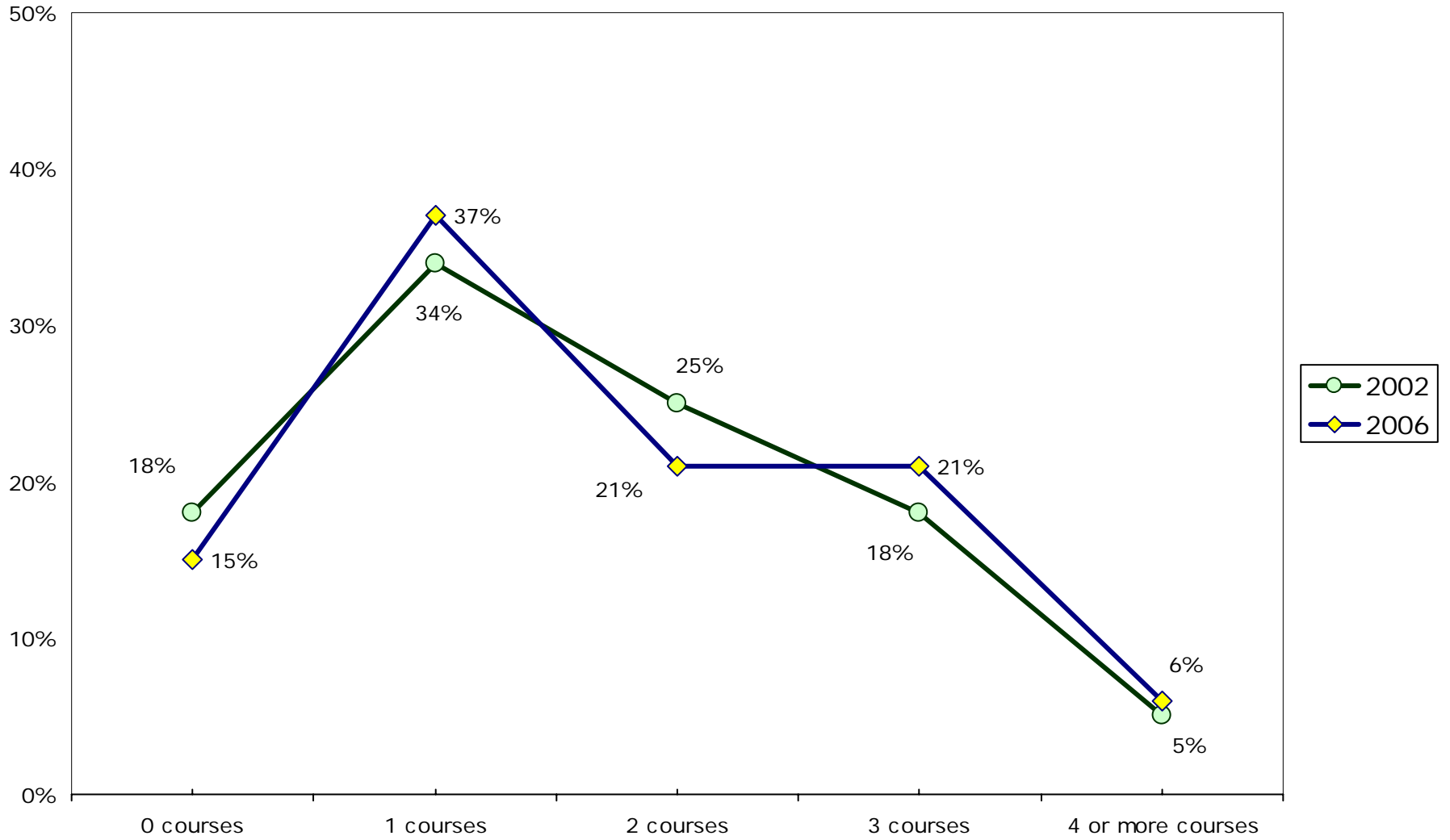
(Source: 2002, 2006 School Health Profiles)



Health Education

Number of health education courses schools require in grades six through twelve.

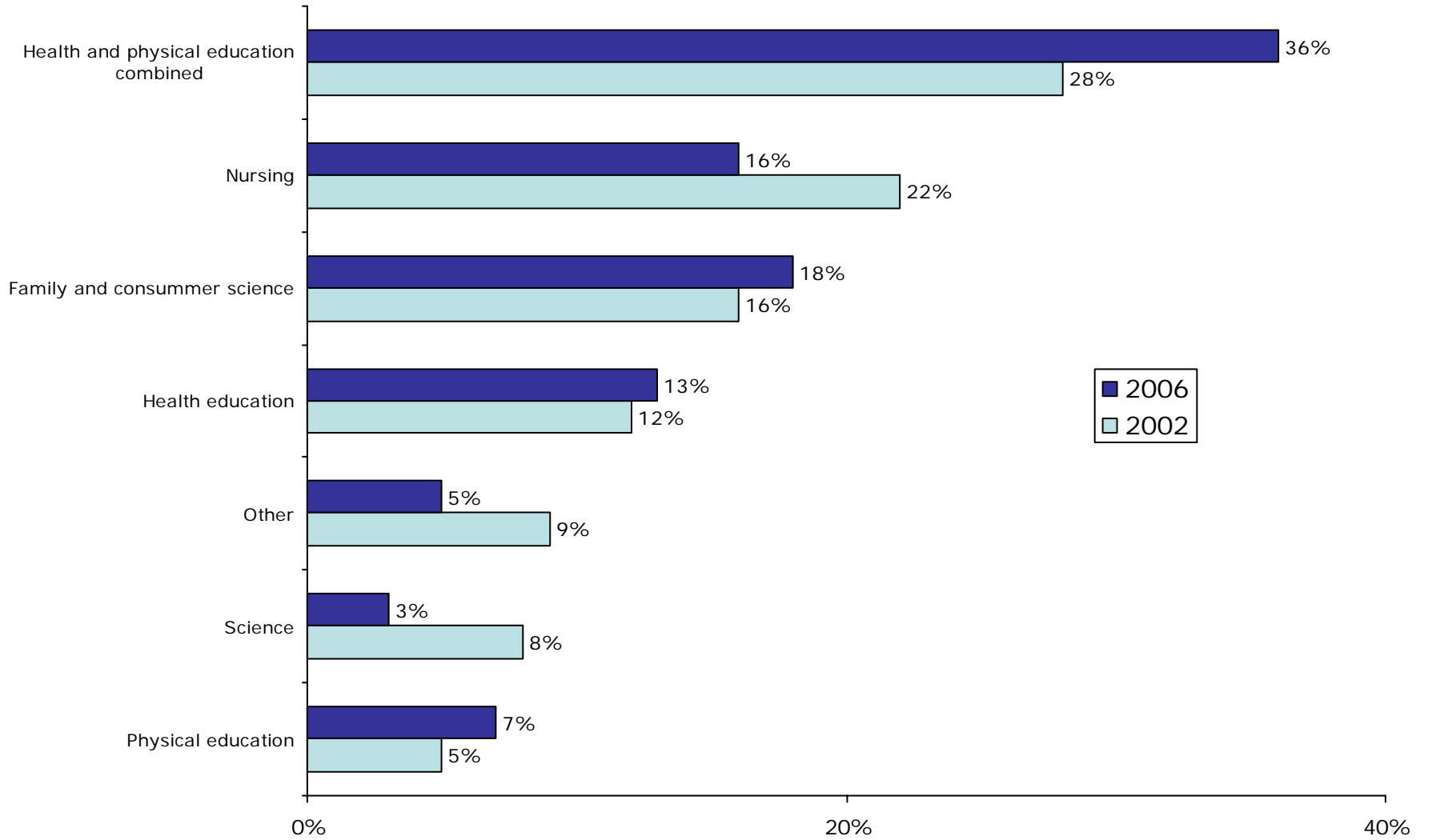
(Source: 2002, 2006 School Health Profiles)



Health Education

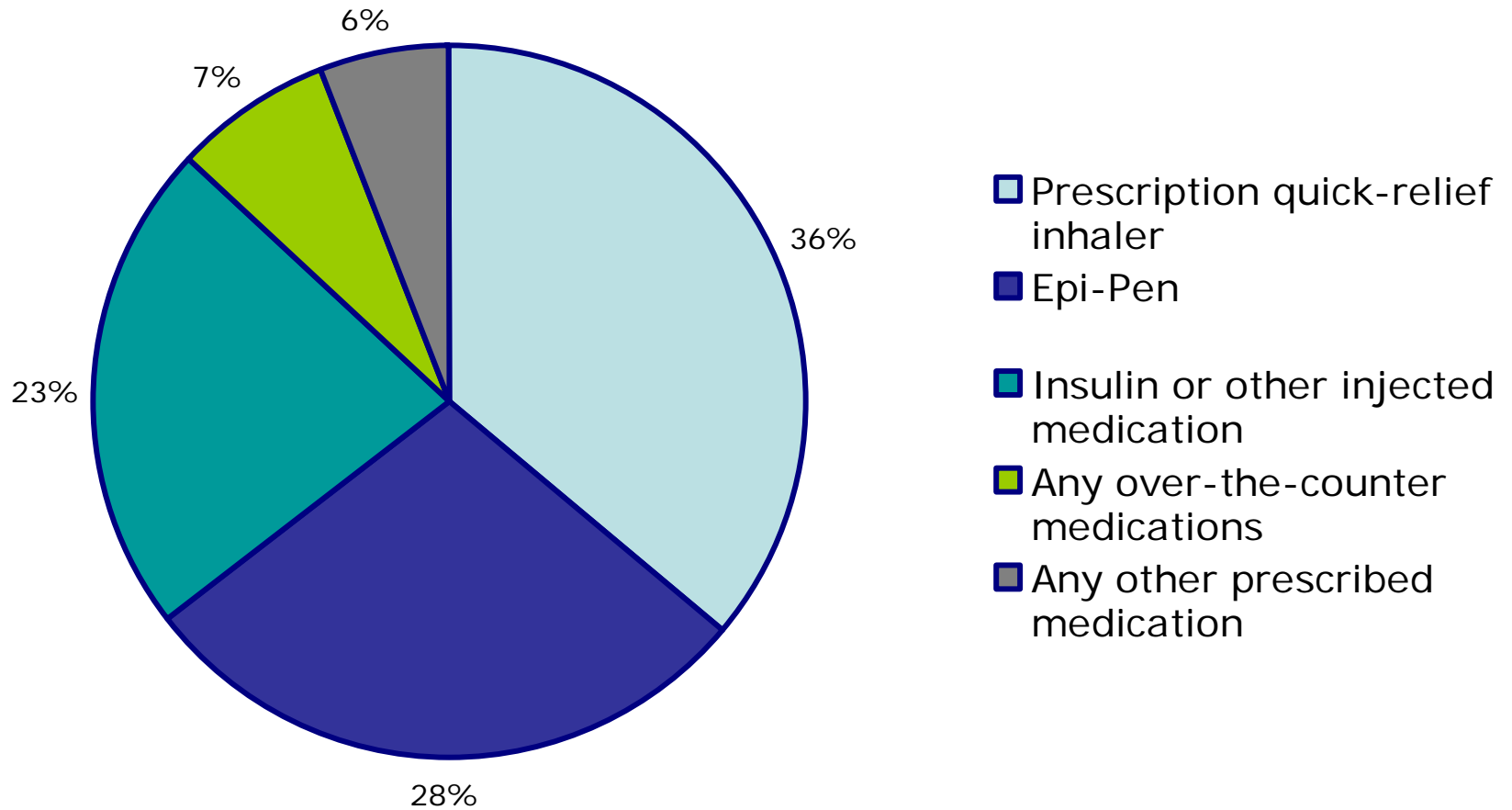
Major Emphasis of Professional Preparation of Health Education Teachers

(Source: 2002, 2006 School Health Profiles)



Health Services

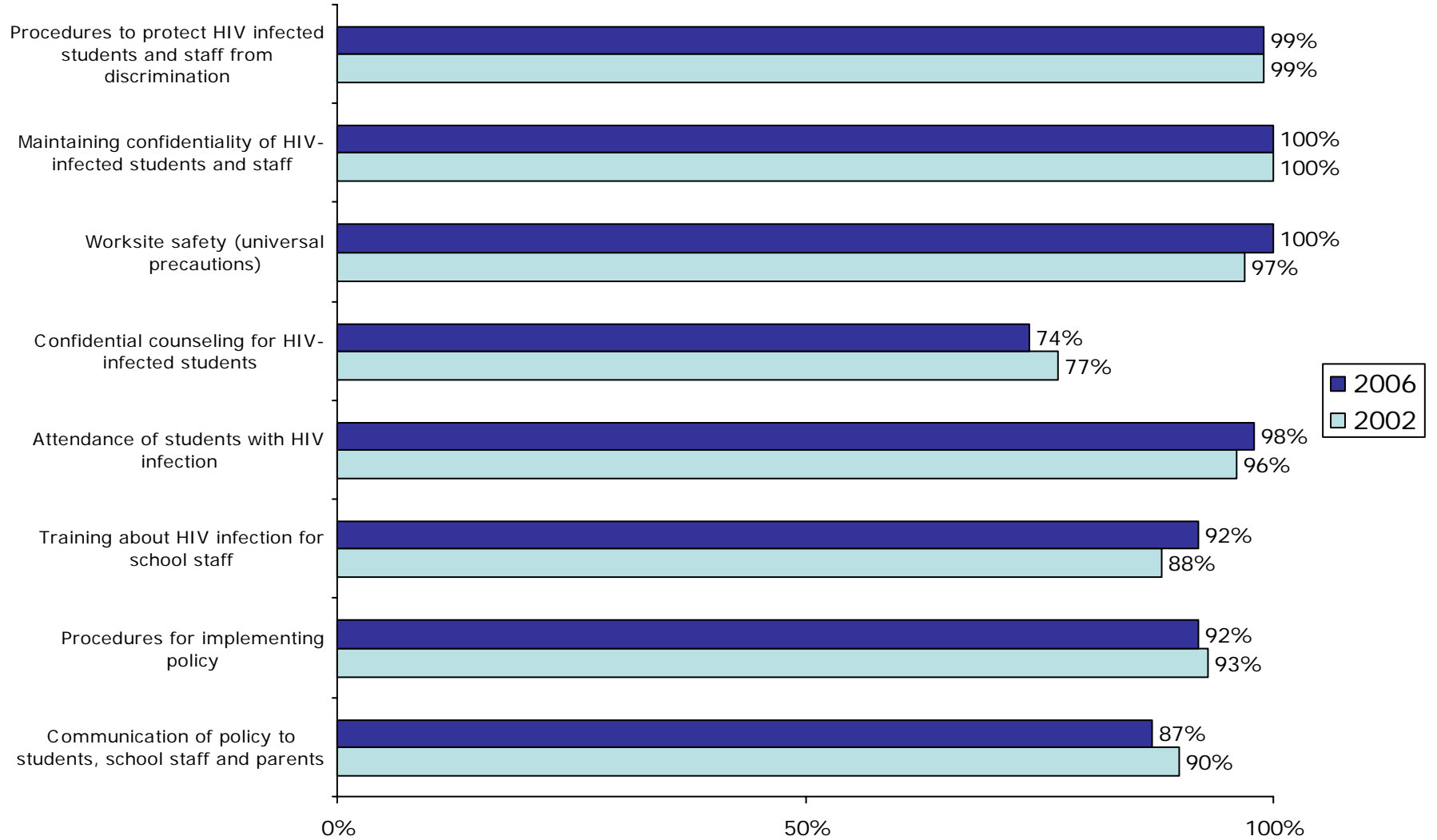
Schools in which students are permitted to carry and self-administer the following
(Source: 2006 School Health Profiles)



HIV Policies

Schools have an HIV policy addresses each of the follow issues for students and/or staff with HIV infection or AIDS

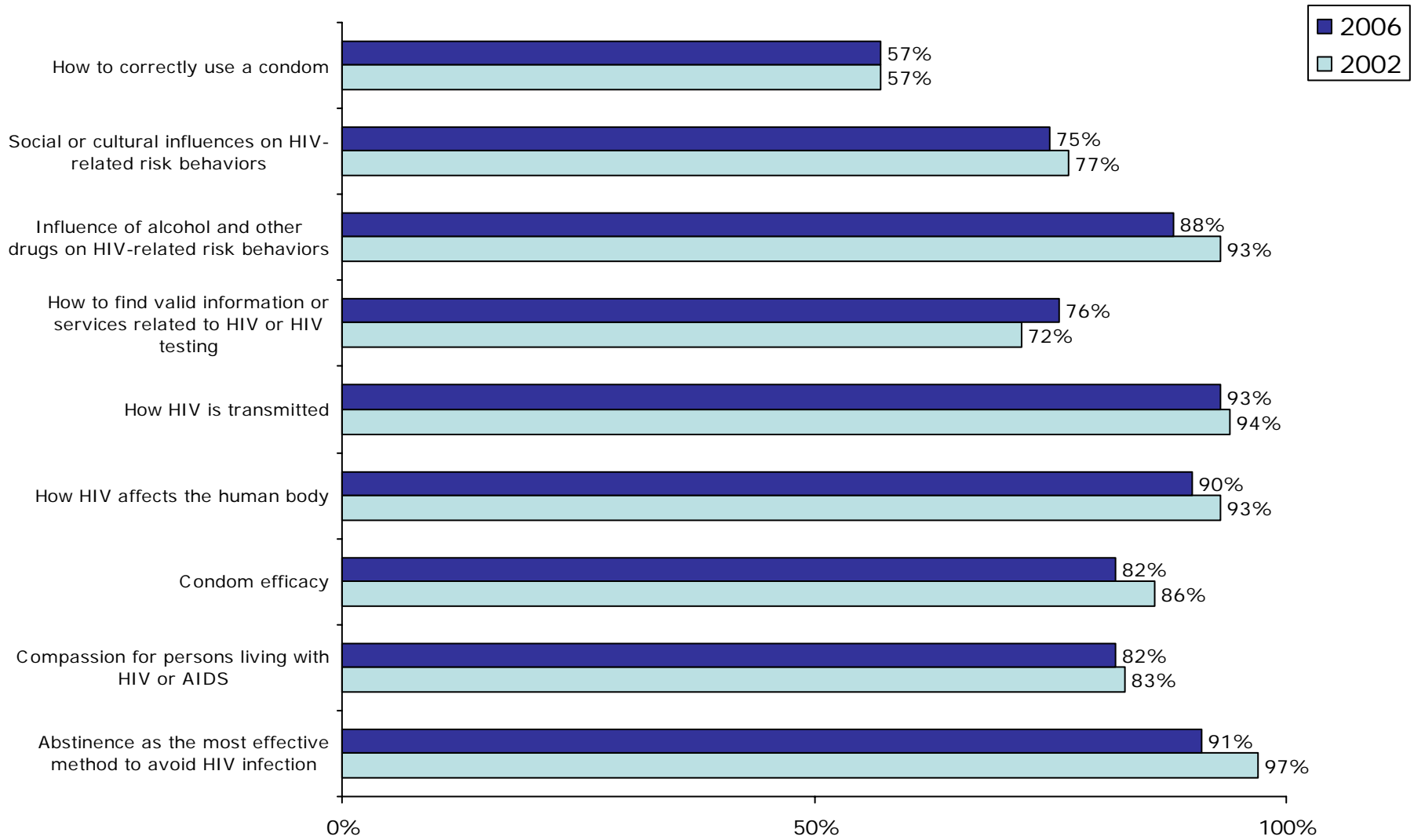
(Source: 2002, 2006 School Health Profiles)



HIV Prevention

HIV Prevention Topics Taught in Required Health Education Courses

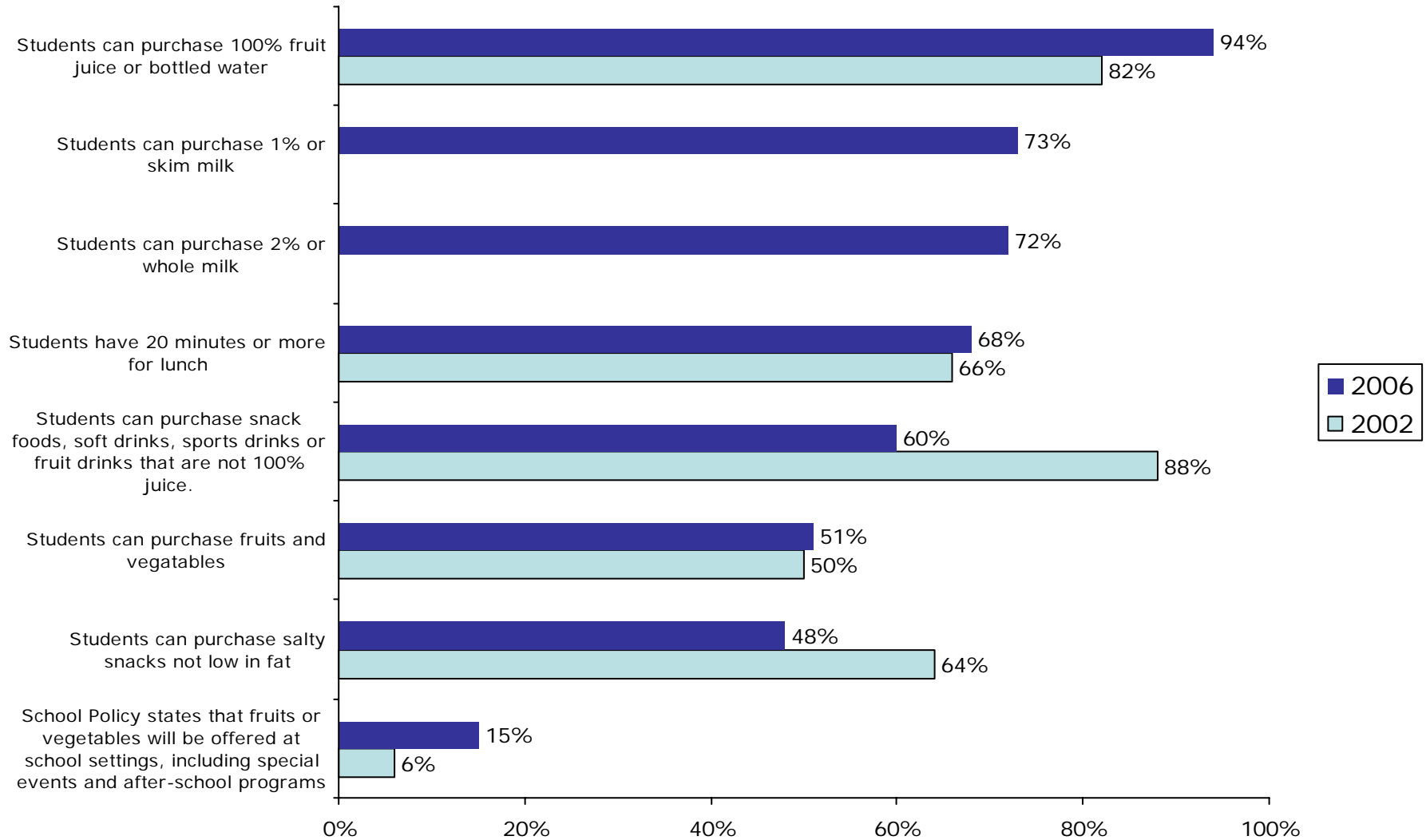
(Source: 2002, 2006 School Health Profiles)



Nutrition Policies, Practice and Programs

Percentage of schools in which students can purchase the following from vending machines, school store, cafeteria or snack bar.

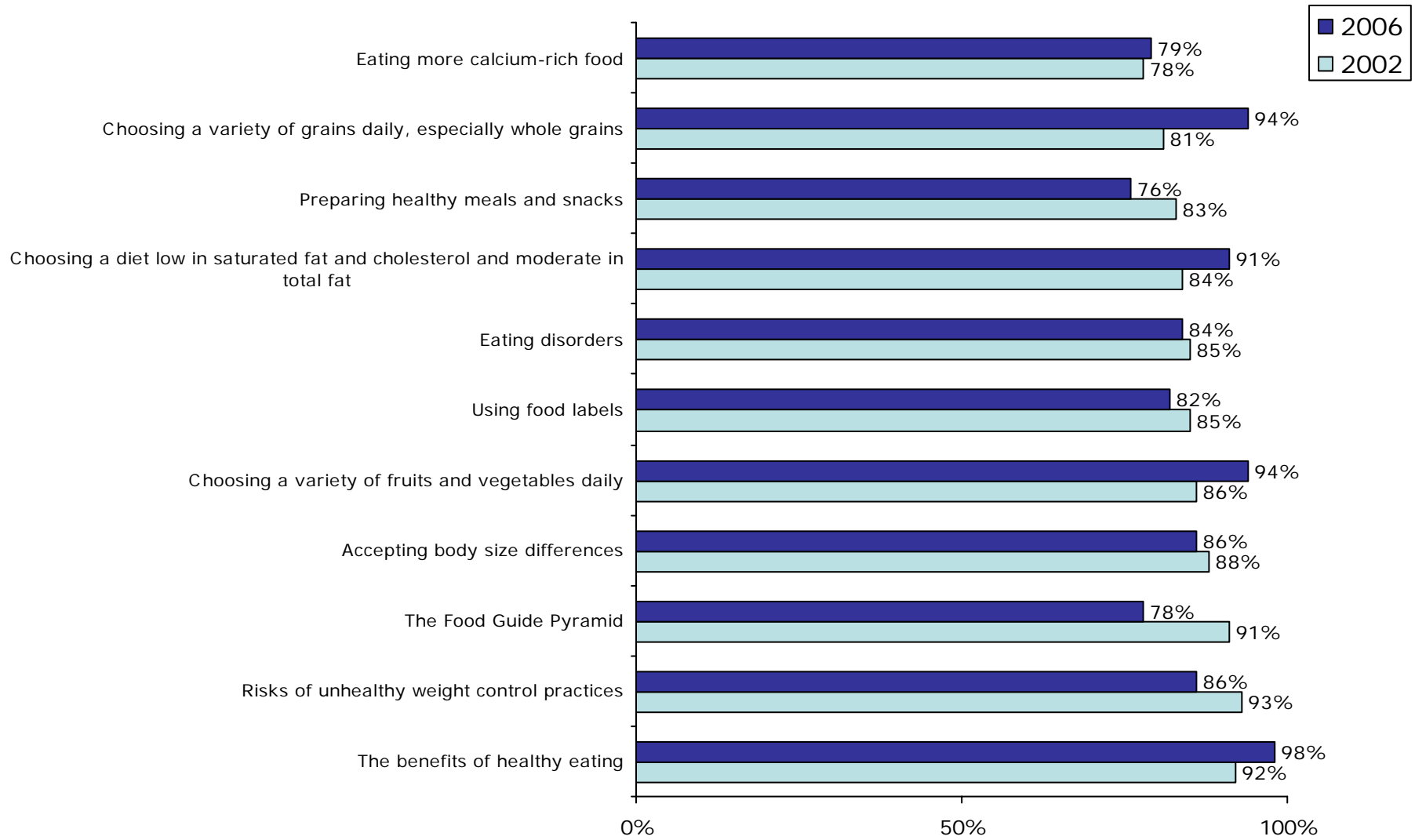
(Source: 2002, 2006 School Health Profiles)



Nutrition

Nutrition Topics Taught in Required Health Education Courses

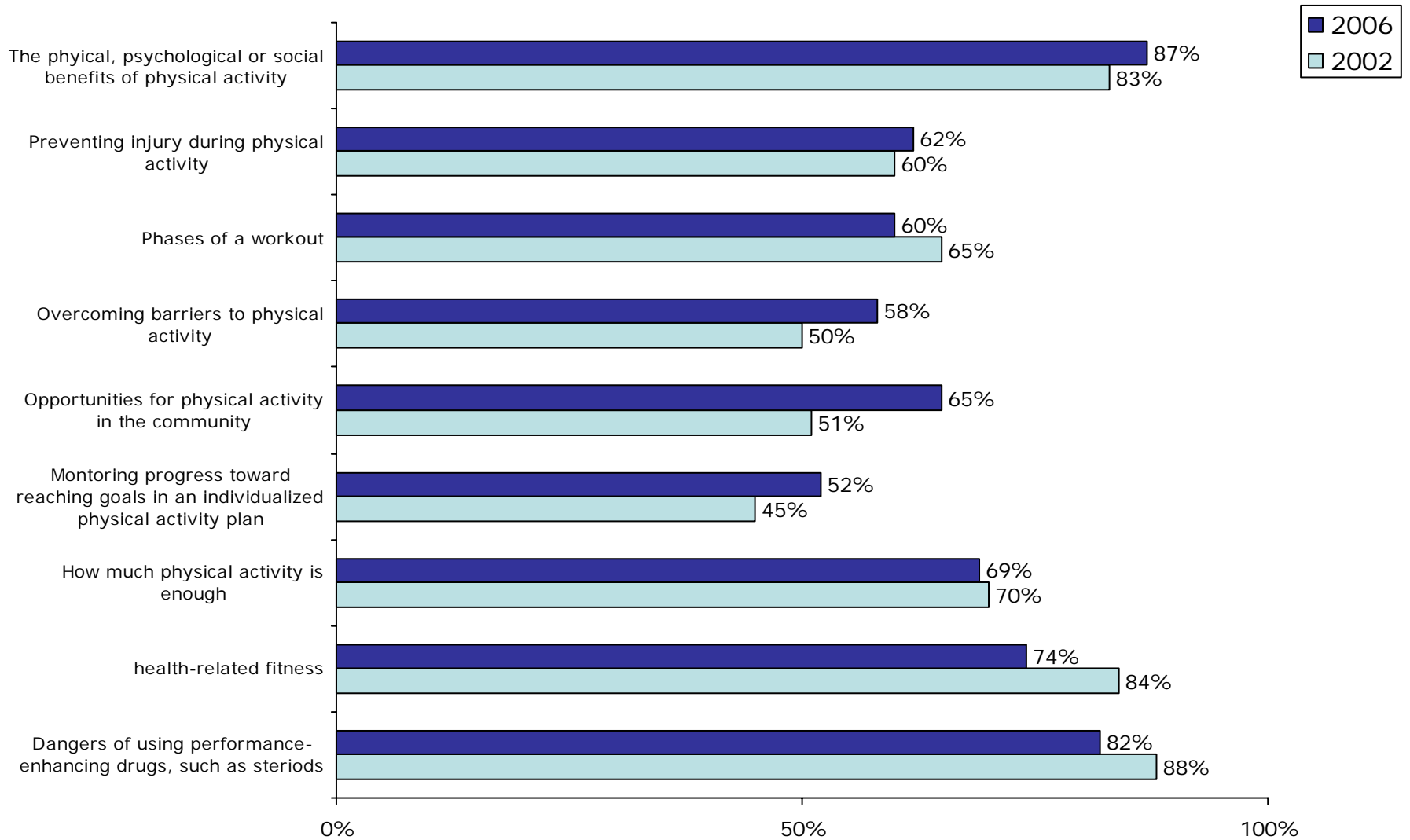
(Source: 2002, 2006 School Health Profiles)



Physical Activity

Physical Activity Topics Taught in Required Health Education Courses

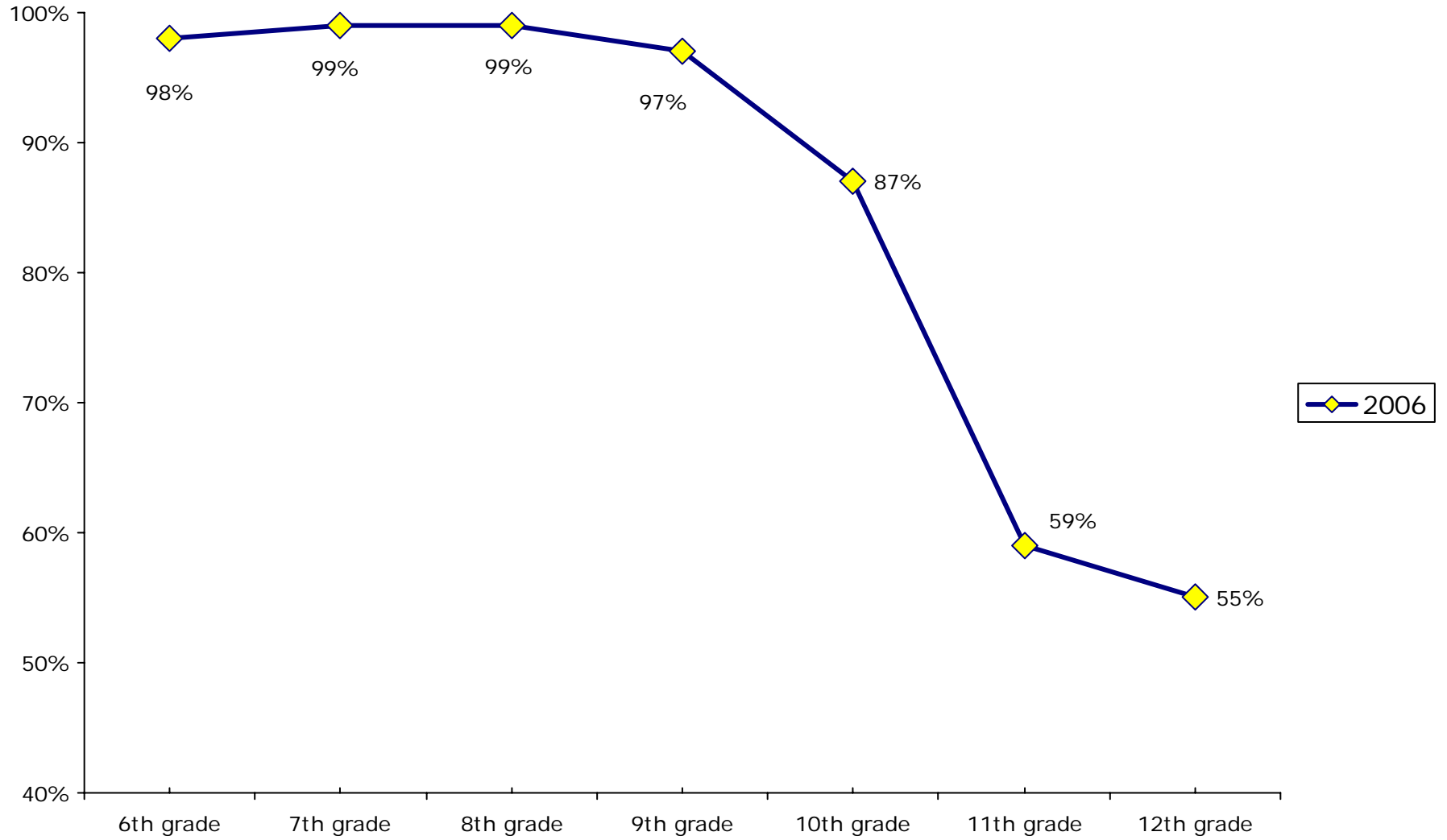
(Source: 2002, 2006 School Health Profiles)



Physical Education

Schools require a physical education course in the following grades

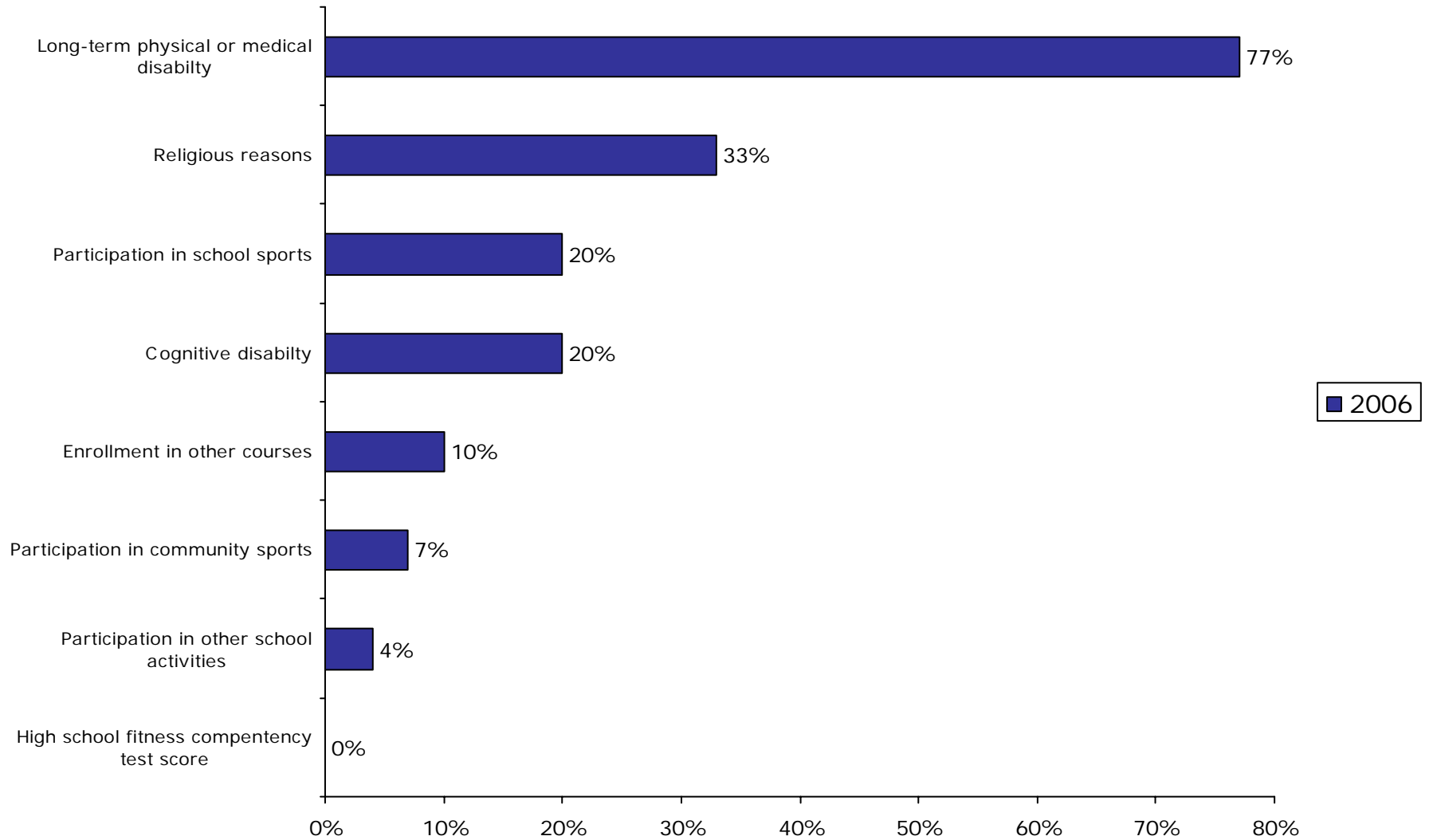
(Source: 2006 School Health Profiles)



Physical Education

Students can be exempted from taking a required PE course for the following reasons

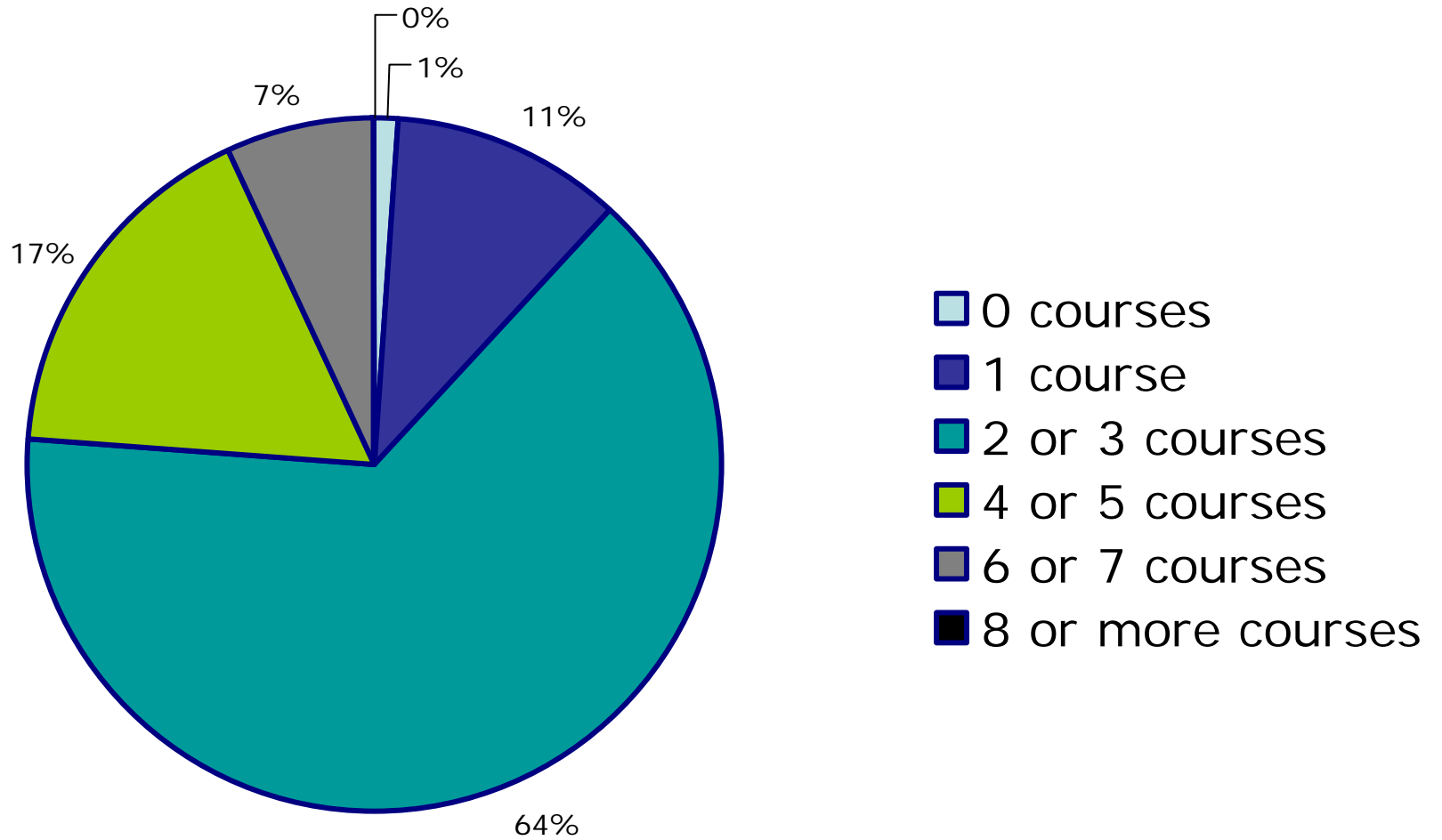
(Source: 2006 School Health Profiles)



Physical Education

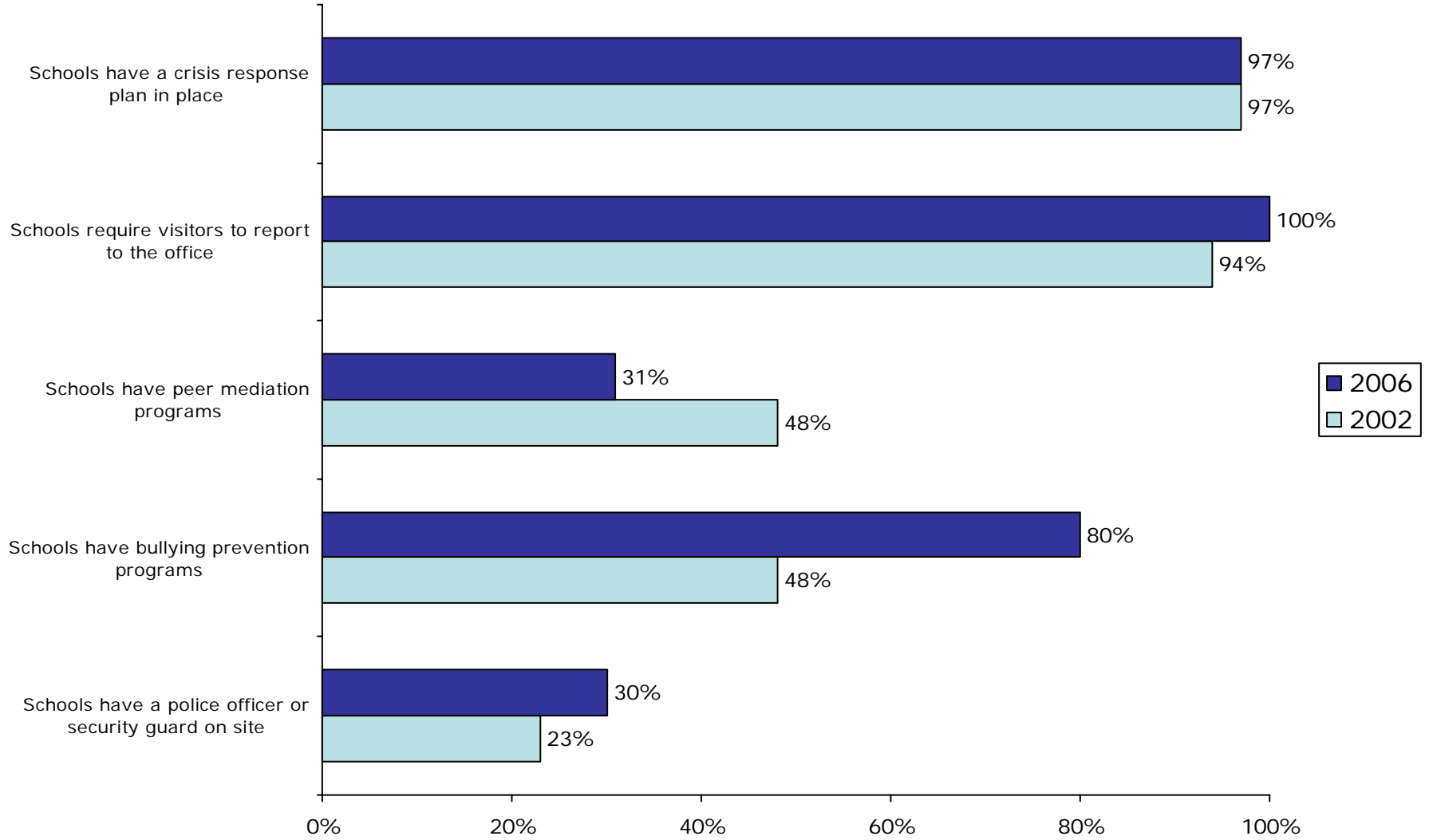
Required physical education courses students take in grades 6 through 12

(Source: 2006 School Health Profiles)



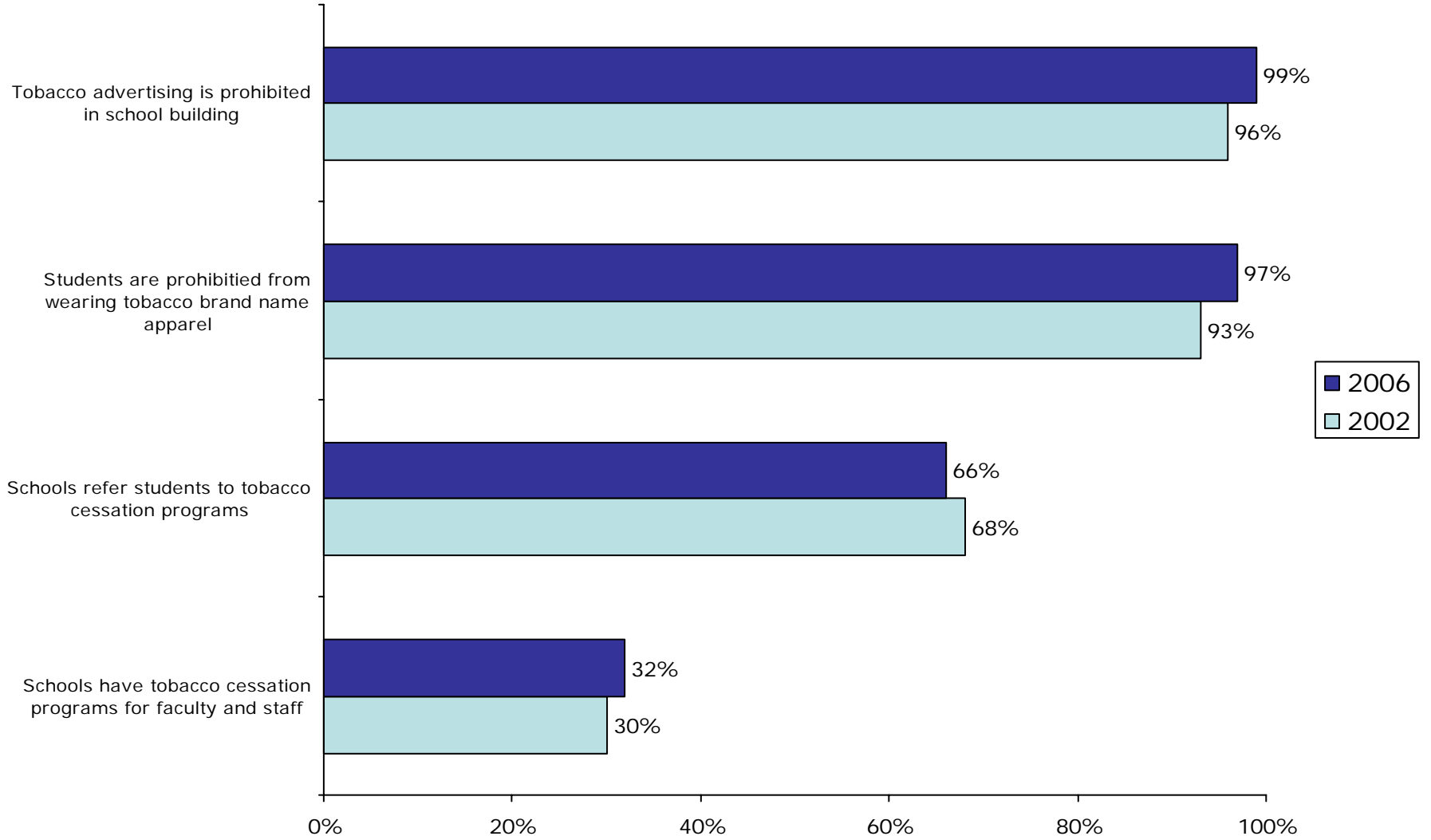
Safety and Violence Prevention

(Source: 2002, 2006 School Health Profiles)



Tobacco Polices, Practice and Programs

(Source: 2002, 2006 School Health Profiles)



Tobacco Use Prevention

Tobacco Use Prevention Topics Taught in Required Health Education Courses

(Source: 2002, 2006 School Health Profiles)

